

EXAM PREPS & APPROXIMATE EXAM TIMES
ANY QUESTIONS CALL (603) 740-2673

For all exams, please report directly to the WDH Radiology Dept to be registered at least 15 minutes prior to your appt time.

Please remember to bring these items with you for your exam: the doctor's order **and** a current list of all medications taken daily, to include vitamins, over-the-counter, herbal & any sample medications.

BARIUM SWALLOW

Exam time: 45 min

Nothing to eat or drink after 10PM evening prior to exam.

UPPER GI SERIES

Exam time: 45 min

Nothing to eat or drink after 10PM evening prior to exam.

UPPER GI & SMALL BOWEL

Exam time: 1 – 4 hrs

Nothing to eat or drink after 10PM evening prior to exam.

SMALL BOWEL SERIES

Exam time: 1 – 4hrs

Nothing to eat or drink after 10PM evening prior to exam.

INTRAVENOUS PYELOGRAM (IVP)

Exam time: 60 – 90 min

No solid food for 4 hrs before exam. Take 2 dulcolax tablets by mouth the evening before the test. You can buy them at a drug store. Give yourself a Fleet Enema in the early morning of the exam **if you do not have a bowel movement**. If you have allergies, asthma, heart disease, or other medical problems please notify the technologist and radiologist before your IVP begins so that appropriate preparation may be made. If you have a contrast allergy, please see your physician for instructions and supplies for additional preparations for the exam. If you are 50 yrs or older, or diabetic, or have a history of renal failure, you need an order from your physician to have a creatinine level drawn in the Lab at least 72 hrs prior to appt.

ARTHROGRAM

Exam time: 45 min

Inform the Radiology Dept or your doctor ASAP if you have any allergies, especially to contrast or iodine.

***If you are having an Arthrogram with an MRI to follow,** you may need pre-screening orbit x-rays. This is required for anyone who has done machinist, welding, or metal work or who has had metal removed from their eyes at any point in their life. You will also need to inform the Radiology Dept if you have a heart pacemaker or defibrillator, any metal implants, or infusion pumps.

*Hip/Knee/Ankle = Patient needs to arrange for a ride home after their appointment.

**ARTHROCENTESIS/
ASPIRATION/INJECTION**

Exam time: 45 min

No prep.

*Hip/Knee/Ankle = Patient needs to arrange for a ride home after their appointment.

**VCUG (VOIDING
CYSTOURETHROGRAM)**

Exam time: 60 – 90 min

No prep.

Inform the Radiology Dept or your doctor ASAP if you have any allergies, especially to contrast or iodine.

***For "VCUG under Anesthesia," call Pre-Admission Services at (603) 740-2281 for exam preparation instructions.**

CYSTOSTOGRAM

Exam time: 1 hr

No prep.

Inform the Radiology Dept or your doctor ASAP if you have any allergies, especially to contrast or iodine.

**URETHROCYSTOGRAM
RETROGRADE**

Exam time: 1 hr

No prep.

Inform the Radiology Dept or your doctor ASAP if you have any allergies, especially to contrast or iodine.

MYELOGRAM

Exam time: 45 – 60 min for procedure and 1 – 4hrs after procedure

Drink an additional 8-10 glasses of fluids the day before the procedure. You may have a light breakfast the morning of the procedure, then no more solid food until after the exam. You may drink clear liquids **only** prior to the procedure. Please take your regular medications with a small sip of water, unless told otherwise by your doctor. Remember to bring along a current list of your medications. If you have an allergy to contrast or iodine you need to tell your doctor ASAP.

Please contact the Radiology Nurses @ 740-2676 at least 72 hrs prior to your exam so that we may review your medications (some medications need to be held for 48hrs prior to the test).

**HYSTEROSALPINGOGRAM
(HSG)**

Exam time: 45 min – 1hr

No prep.

Inform the Radiology Dept or your doctor ASAP if you have any allergies, especially to contrast or iodine.

To order additional WDH Request for Diagnostic Imaging forms please call 740-2566.

EXAMINATION BROCHURES: We have brochures available at NO CHARGE for IVP, Barium Enema, UGI, CT, MRI, Angiography, and Barium Swallow exams. To order call 740-2670.

Wentworth-Douglass Hospital

**IMAGING SERVICES: REQUEST RADIOLOGY
EXAM PREPS AND EXAM TIMES**

BARIUM ENEMA EXAM PREP: Pediatric & Adult

Age 4 and under: No milk or solid food for 4 hours prior to appt. May drink water only.

Age 4 – 14 years: The evening before the exam, you may eat a light dinner. Nothing to eat or drink after 9pm.

Pick up 1– 10oz. bottle of **Magnesium Citrate Mixed Oral Solution** at the local drug store (This substance forces the bowels to release).

At 6:00am on the morning of the test, take the Magnesium Citrate Mixed Oral Solution according to these age-specific instructions:

Age 4 – 5 yrs: Take 75 mL (or 5 Tbsp)

Age 6 – 8 yrs: Take 90 mL (or 6 Tbsp)

Age 8 – 12 yrs: Take 100 mL (or 7 Tbsp)

Age 12 – 14 yrs: Take 125 mL (or 8 ½ Tbsp)

Age 15 to Adult: At the local drug store, purchase the following 3 items:

Magnesium Citrate Mixed Oral Solution–(1) 10oz. bottle

Bisacodyl tablets (4 each)

Bisacodyl suppository (1 each)

* **CAUTION:** If you are Diabetic or have kidney disease, contact your physician BEFORE beginning the prep.

* **CAUTION:** If you think you are pregnant, contact your physician before beginning the prep.

The day before the exam:

Breakfast: Clear soup (any broth), fruit juice with no pulp, flavored gelatin that is not red, soft drinks, black coffee, or plain tea.

Noontime: Clear soup (any broth), fruit juice with no pulp, flavored gelatin that is not red, soft drinks, black coffee, or plain tea.

1pm: Drink an 8 oz. glass of water.

2pm: Drink an 8 oz. glass of water.

3pm: Drink an 8 oz. glass of water.

4pm: Drink an 8 oz. glass of water.

5pm: Clear soup (any broth), fruit juice with no pulp, flavored gelatin that is not red, soft drinks, black coffee, or plain tea.

5:30pm: Drink the whole 10oz. bottle of Magnesium Citrate Mixed Oral Solution. This should produce a bowel movement within 30 minutes to 6 hours.

6pm: Drink an 8 oz. glass of water.

7pm: Drink an 8 oz. glass of water.

7:30pm or 2 hours after drinking the Magnesium Citrate solution: Take 4 Bisacodyl tablets with 8 oz. of water.

8pm: Drink an 8 oz. glass of water.

9pm: Drink an 8 oz. glass of water. Do not eat after 9pm.

The day of the exam:

* **CAUTION:** If you have a colostomy, do NOT use the suppository.

At least 2 hours before your exam time, open the Bisacodyl suppository. While lying on your side, insert the suppository into your rectum, and gently push it in as far as possible. Bowel evacuation usually occurs within 15 – 60 minutes.

If the bowel prep didn't work, let the Technologist know. In order to get accurate results, your bowels must be empty.